You are encouraged to choose a topic that will interest you, that is not a current event unless it is connected to a historical event, and to take into consideration how available are the primary and secondary sources.

Here are some sample Texas topics to help get you started:

- League of Latin American Citizens: Breaking the Barrier for Mexican American
- Texas Statehood Dispute Under Mexican Rule
- The Texas Revolution: Breaking the Barrier for Independence
- Voting Rights for Freedmen during Reconstruction
- Fighting against the KKK in Texas
- Frances “Sissy” Farenthold: Reforming Texas Politics
- American G.I. Forum of Texas
- Barbara Jordan: fighting for voting rights
- Woman Suffrage in Texas
- Lyndon B. Johnson: Civil Rights Signed
- Lady Bird Johnson: Preservation of Natural Beauty
- Mexican American Legal Defense and Education Fund: The Most Successful Civil-Rights Organization in the 20th Century
- Sweatt v. Painter: Integration of the University of Texas Law School
- Hernandez v. Driscoll CISD: Breaking Barriers for Mexican-American Children
- Catarino Garza: Mexican Revolutionary in Texas
- Clemente N. Idar: Standing up for Labor Rights
- Order of Sons of America
- Improve Schools: The School Improvement League
- Public School Integration in Texas: Integration of Higher Education in Texas
- Integration of Sports in Texas
- Gustavo C. Garcia: An Attorney of the People
- The Felix Longoria Affair: A Successful G.I. Forum Case
- Hector P. Garcia: Breaking the Barrier for Mexican American Rights in Texas
- George I. Sanchez: A Hero for School Children
- James J. Pickle: Defender of Social Security and Civil Rights
- Henry B. Gonzalez: Civil Rights Crusader
- Tejano Politics: Tradition of Breaking the Barrier
- The Good Neighbor Commission: Strengthening Transnational Relations
- Hermine D. Tobolowsky: Mother of the Texas Equal Rights Amendment
- Breaking the Barrier For Women’s Education: Texas Woman’s University
- Fighting for Property: Hortense S. Ward’s Campaign for Married Women
- Alvin Ailey—founded a multi-racial dance troop in the late 1950s & popularized modern dance
- Lauren Anderson—1st African-American principal ballerina in the United States
- Dorthea Lange—Depression photographer
- Gussie Nell Davis and the Kilgore College Rangerettes
- Dallas Cowboy Cheerleaders
- Walter Cronkite—Reporting and Journalism
- Lawrence Herkimer—is cheerleading a sport?
- Buddy Holly—changing the face of rock and roll music
2020 NHD Theme Breaking Barriers in History

My Texas History Day Topic:

My Teacher has the following restrictions:
______________________________________________________________________________
______________________________________________________________________________
______________________________________________________________________________

My favorite topic in history is: ________________________________________________________

My area of interest is: ______________________________________________________________

General topics are:
1. _____________________________________________________________________________
2. _____________________________________________________________________________

Possible NHD topics are:
1. _____________________________________________________________________________
2. _____________________________________________________________________________

My library or teacher has the following books relating to the topic:
1. _____________________________________________________________________________
2. _____________________________________________________________________________
3. _____________________________________________________________________________
4. _____________________________________________________________________________

I can visit this library or museum to find out more:
1. _____________________________________________________________________________
2. _____________________________________________________________________________